

Do you know what makes Headwaters Health Care such a special place of hope and healing for thousands of patients and families from Dufferin, Caledon and beyond every year? Of course you do. It's no secret.

It's the people.

As I find myself well into my first year with Headwaters Health Care Foundation, it has been a privilege to get to know the people making a difference here every day. Clearly the staff and physicians are vital to the hospital, as are each one of the more than 400 volunteers who make up the Headwaters Auxiliary. It has been heartwarming to see them back in the hospital helping patients again after two long years of COVID restrictions.

And some people make a difference without ever even stepping foot inside the hospital. On any given day there are many local businesses, from flower shops and butcher shops to restaurants, real estate teams and car dealers throughout our region raising funds and giving back to Headwaters to help everyone in the community have access to the care they need and the compassion they deserve, close to home.

And then of course, there's you! Thank you for being the kind of generous neighbour who reaches out with no hesitation to help your community, your family and your loved ones by making sure Headwaters has the medical equipment needed for our people to be at their best.

You will find in this issue of our newsletter, stories about some of those people making a difference. Please see inside to see how your support can help almost every area of our hospital by putting the right tools in the hands of our health care team so they can continue to provide hope and healing for our patients and families.



K.C. Carruthers

K.C. Carruthers, CFRE CEO, Headwaters Health Care Foundation











Headwaters Health Care Foundation



@myheadwaters

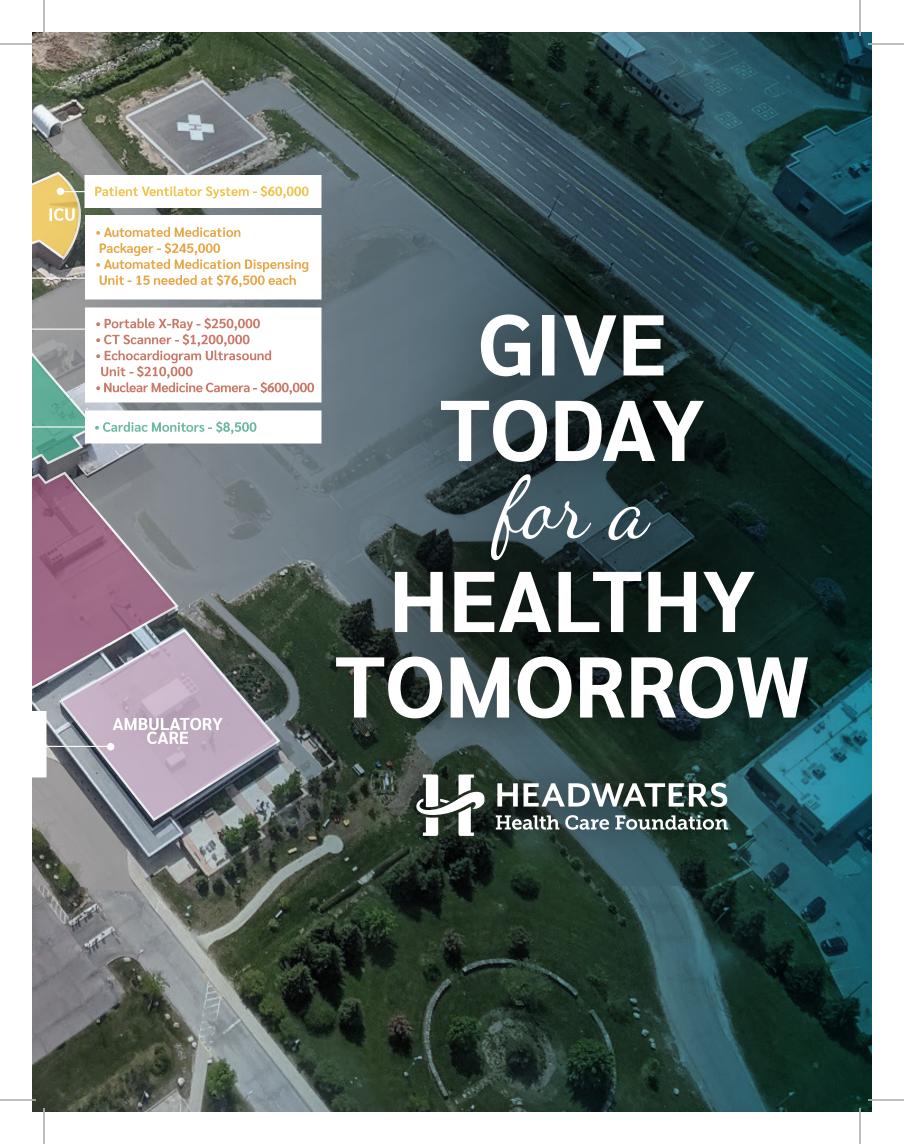


YOUR SUPPORT IMPACTS EVERY CORNER OF HEADWATERS.

Our government does not provide the funding required for the equipment, education and renovations that are vital to providing the care you need with the compassion you deserve.

This aerial view of Headwaters shows some of the highest priority equipment our health care team requires to provide outstanding care for you and your loved ones, close to home. As you can see, your gifts impact all areas of care including Emergency, Obstetrics, Surgery, Pharmacy and Diagnostic Imaging.

Thank you for your support. We couldn't do it without you!



HOST A COMMUNITY EVENT FOR HEADWATERS

Community members, businesses and service clubs play a crucial role in helping fund the purchase of vital medical equipment, renovations and education at Headwaters Health Care Centre. And there are so many ways for you to get involved!

Hosting your own event is a rewarding and effective way to give back, and it helps support better care for you and your community at Headwaters.

Mrs. Post used our on-line system to create a personal fundraising page to honour the staff at Headwaters. It was easy and her family and friends loved it!

For local businesses, a Cause Related Marketing (CRM) initiative is another great way to get involved. For example, a number of retail locations have dedicated a month to ask customers for a modest donation at check-out. Customer feedback shows that people appreciate this opportunity to give back to a good local cause.

These are just a couple of the many ways our community gets involved. If you would like to discuss your ideas, please contact:

Nicole Warren – Senior Coordinator, Direct Response, Marketing & Communications by email: nwarren@headwatershealth.ca or by phone: 519.941.2702 ext. 2303.





GET YOUR TICKETS! | WWW.HHCF5050.CA











JACOB'S STORY

My son Jacob has always been an active and outgoing two year old, but one Saturday evening he woke up in a panic. He was struggling just to breathe, and I knew something was very wrong.

We went to the Headwaters Emergency Department immediately and were there only moments before Jacob vomited and was holding his chest, desperate for air. Nurses came running.

Jason, a Registered Nurse (RN) and Satjeet, a Respiratory Therapist (RT) came into our room and assessed Jacob in seconds. Jason listened to my son's chest and knew what to do right away. I was in awe watching them work together so seamlessly.

Jacob was diagnosed with a severe respiratory infection that was narrowing his upper airway. Without such prompt treatment, his airway could have completely closed.

Satjeet used a specialized breathing machine that turns liquid medication into aerosol (a cooling mist) to help Jacob breathe. The treatment takes half an hour and it works quite well. Without the special equipment, Jacob's care would not have been as effective and would have taken much longer.

As I have learned, hospital equipment like this is not funded by the government. I am so grateful to everyone who has supported Headwaters Health Care Foundation.

Thank you for helping fund this equipment for our hospital. I truly feel like it saved my son's life. Without it, he wouldn't have been able to breathe.

A health care team cannot do its job without equipment. Jacob is healthy now because of the generosity of donors who gave, so that the tools needed to care for him were available in our moment of need.

We have the best people in our hospital, and we should never take them for granted. I hope that you will join with me and give today, because Headwaters staff are truly "angels in scrubs". Let's put the equipment they need in their capable hands.

Sincerely,

A very thankful Mom





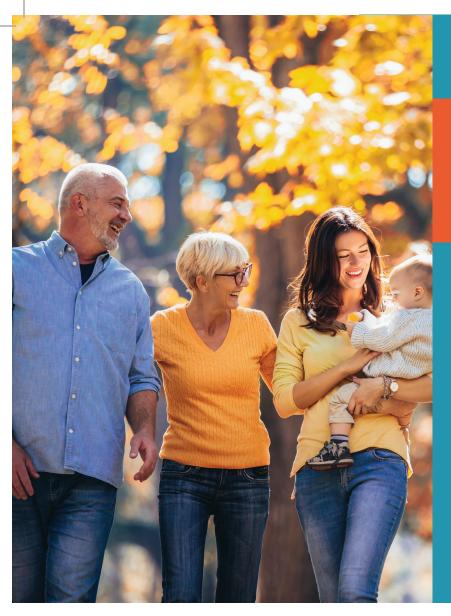




Care Foundation







HEADWATERS PRESENTS

INCOME TAX REDUCTION & ESTATE TAX ELIMINATION SESSIONS

Have you ever thought how to reduce or even eliminate your taxes on your estate? How to avoid Capital Gains taxes? How to convert your assets into income that you can't outlive?

This information seminar shares how the government wants you to save taxes and leave more to charity.

Janine Purves specializes in wealth, estate, and legacy planning with a focus on family philanthropy. As a result of this specialization, she has assisted in re-directing millions to the charitable sector.

Seminar dates to be announced soon for October and November

For more information please reach out to the Foundation office

Every dollar you give will be matched with \$2 from E. Hofmann Plastics up to \$70,000!

September 1 to October 31st

Heads Up to Your Health is published for friends and donors of Headwaters Health Care Foundation. If you have any questions/comments, please call the Foundation at 519.941.2702, ext. 2303. The Foundation is located at 100 Rolling Hills Drive, Orangeville, ON L9W 4X9. Note for residents of Palgrave: We are trying to reach more of you, so our apologies if you receive both a personalized newsletter from our office, and a "resident" newsletter as a result of our Palgrave mail drop.

Give Now to have 3x the Impact! Please provide your contact and donation information below. Contact information is required to send your tax receipt. *\$20 or more is eligible for a tax receipt. Address: Province: Province: Phone: I'd like to make a single gift of: Donation Amount: I've enclosed my cheque to Headwaters Health Care Foundation (or a void cheque for monthly gifts). Canadian Charitable Business #888697794RR0001 FallNews22 Address: Postal Code: Phone: I'd like to make a monthly gift of: I'd like to make a monthly gift of: I've enclosed my cheque to Headwaters Health Care Foundation (or a void cheque for monthly gifts). I prefer to use my: Visa Mastercard Amex

Card No. ______ Exp. _____ CVV. _____ Signature. _____



Headwaters Health Care Foundation believes our first responsibility is to our donors. For more information, please contact the Foundation Office at 519.941.2702, ext. 2303.

Give today for a healthy tomorrow.

Every dollar you give will be matched with \$2 from E. Hofmann Plastics up to \$70,000!

100 Rolling Hills Drive Orangeville, Ontario L9W 4X9

