

THE ROAD TO MRI AT

HEADWATERS HEALTH CARE CENTRE

Last December, Minister of Health Sylvia Jones came to Headwaters Health Care Centre to announce annual funding to operate an MRI at Headwaters. This long-awaited approval was greeted with a great deal of excitement. Dr. Dan Mozeg, Chief of Diagnostic Imaging at HHCC, had this to say, "the addition of MRI will be truly transformational for our hospital, our patients and our community, allowing us to provide more comprehensive imaging closer to home and to diagnose many illnesses in a more timely and efficient manner."

The announcement came with a challenge: it is now up to the Foundation and our generous supporters to raise the funds to purchase and install the equipment!

The Foundation has enthusiastically taken up this challenge, which comes with a number of important questions for our donors and our community that we will attempt to answer below:

What is MRI?

Magnetic Resonance Imaging (MRI) is a medical imaging modality that uses radio waves and strong magnetic fields to create detailed images of organs and tissues in the body. It is preferred over CT, x-ray and ultrasound in many situations due to its exquisite anatomic detail, superb soft tissue contrast, and the ability to provide various types of anatomic, physiologic, and functional information without the use of ionizing radiation.

At Headwaters, MRI will be used to diagnose cancer and stroke, as well as pinpoint the nature and severity of injuries and disease to inform treatment plans and better patient outcomes.

How much will it cost to purchase an MRI machine?

An MRI machine is a very large, specialized and expensive piece of medical technology that requires a highly-specialized space to contain its size and to shield other nearby spaces from the enormous strength of its magnetic field. The anticipated cost of the machine and the required space is approximately \$6 million.

How will the Foundation raise these funds?

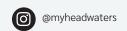
Headwaters Health Care Foundation is fortunate to have individuals, families and organizations in our region who step forward to generously lend support for equipment and renovations that are vital to the exceptional care the hospital provides for its patients. The funds required to bring MRI to Headwaters will be part of an extensive fundraising campaign over the next year or two. The campaign is looking to formally launch in June 2023.

When will the MRI be here?

The first MRI is anticipated to be performed at Headwaters some time in 2024. The hospital will be following the required procurement process and looks forward to completing the process and the construction of the required space for the MRI unit as quickly as possible.

We look forward to partnering with everyone in our region who can lend a helping hand to bring MRI to Headwaters and help us continue to provide exceptional care, close to home.











THE FUTURE OF HEALTH CARE IS BRIGHTER AND SMARTER THAN EVER!

Health care technology is all about possibilities. How can we be healthier, happier, safer, and more connected in a world that is so unpredictable?

Health care technology lets Headwaters adapt to a changing world. It evolves along with the needs of our

hospital, our health care team, and our community. So we can reduce the burdens on our clinicians. And most importantly, improve patient outcomes.

I would like to take this opportunity to thank you, our donors for helping Headwaters invest in smart new information and communications infrastructure featuring a medical technology platform called MEDITECH Expanse.

These days, information technology isn't just for IT specialists, it's a multi-function tool used daily by all health professionals to deliver exceptional patient care.

"With new medication scanner technology available in the OR, we know every patient is receiving the right dose of the right medication necessary for the best outcome for their procedure."

- Chris Ranger, OR Charge Nurse

A WISE DOCTOR ONCE WROTE:

me - tunt

MEDITECH Expanse vastly improves the turn-around time for patient care orders that are now carried out in minutes, not hours.

The old medical dictation process took up to three days for hand-written or voice-recorded orders to be transcribed and received by the care team. With new medical speech-to-text technology, physician dictations are recorded and ready for action in real-time.

Previously, when a patient was transferred to Headwaters from another institution for treatment, their information had to be repeated and re-entered after they arrived. Now when a patient is transferred, their vital information can actually arrive ahead of them, so the team is prepared.

In addition, investments in innovative diagnostic imaging equipment, automated medication dispensing units and medical equipment such as smart pumps, all enabled to mesh seamlessly with MEDITECH Expanse infrastructure, give our health care team leading edge tools for exceptional patient care.

From improved safety and better outcomes to reduced wait times and patient empowerment, smart medical technology will improve care for all of the patients and families who rely on Headwaters Health Care Centre.

Thank you for your generous support to enable a better and brighter future for health care at Headwaters – we couldn't do it without you!

K.C. Carruthers, CFRE

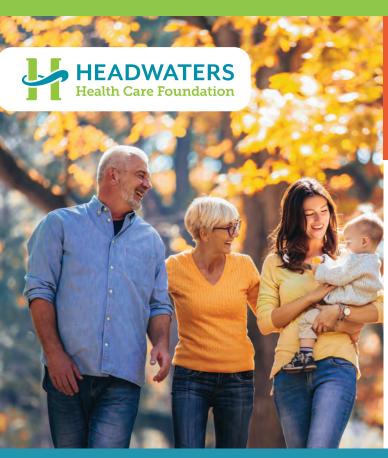
Headwaters Health Care Foundation











A GIFT IN YOUR WILL CAN REALLY MAKE A DIFFERENCE

Even a small amount of your estate left to Headwaters Health Care Foundation can have an impact. You have the power to leave a lasting legacy and provide the best in health care to your community.

Your estate benefits from the tax advantage and you make a positive difference in the lives of patients and their families in the future.

Contact Danielle Gibb at 519-941-2702 Ext 2285 or dgibb@headwatershealth.ca to learn more about including Headwaters in your Will.



For more details visit: www.hockeynightdc.ca



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I WAS A TICKING TIME BOMB WAITING TO GO OFF

It began like any ordinary evening after a busy day of working on the farm. I was taking a shower to clean up before dinner when, suddenly, everything came to a screeching halt. I recall a sudden sensation in the middle of my chest. It felt like an elastic band had snapped inside me. I felt dizzy, and didn't know what was wrong.

I somehow managed to get some clothes on, and tried to find my husband, but I couldn't make it very far. I called out for his help, and said I didn't feel well. He called an ambulance, but I passed out before they arrived.

When I came to, my words were scrambled, and I was not making sense. The paramedics arrived and attached an electrocardiogram to monitor my heart before rushing me to Headwaters.

At the time, neither of us realized just how close I was to dying.

Everything happened so fast. The paramedics had called ahead and Dr. Tang was already waiting for me in the Emergency Department. Time was not on my side as Dr. Tang quickly ordered several urgent tests, including a CT Scan.

When the radiologist called with the results, Dr. Tang knew immediately what was happening. I was experiencing an aortic aneurysm – a balloon-like bulge in my aorta. It was leaking blood and was about to rupture.

Dr. Tang got to work assembling a team that would be able to save me. I was going to need a highly skilled cardiac surgeon with a talented surgical team to support the procedure. With the right team in place, I was airlifted to Southlake Regional Health Centre to undergo a five-hour open-heart surgery that included a number of intricate repairs.

I remember thinking, "what if Dr. Tang and Headwaters hadn't been there for me that night?" Without the right diagnosis and care, I was just a ticking time bomb waiting to go off.

The months that followed were a long road to recovery, including a follow up appointment at Headwaters. I'll never forget what one doctor said to me while I was on this journey: "Normally, I don't get to see patients like you, with a near zero per cent survival rate. Enjoy the incredible life ahead of you!"

I can say now that life is good, and I have Headwaters Health Care to thank for it. The team at our hospital is amazing! And I am forever grateful. If not for them, I would not be here today. And if not for generous community support, they would not have the equipment they need to provide that exceptional care.

I hope my story inspires you to support Headwaters. You truly never know when you or your loved ones will need Headwaters like I did. Thank you in advance for your support. It means so much.

With sincere appreciation,

Janis Apted
A very grateful patient









31 YEARS OF PHILANTHROPY

Philanthropy has always been important to me and my family. When I first moved to Orangeville over 30 years ago, I made sure to get involved and see how I could help. My wife Marion and I had four children, and it was important for us to give back where we could – helping to build a strong community for ourselves, our neighbours and our family's future.

I have been supporting Headwaters faithfully for a total of 31 years and I still can't believe how time flies! I fondly remember grabbing a shovel and helping turn up the dirt when the new Headwaters Health Care Centre was being built at 100 Rolling Hills Drive. It was evident that our community was growing, and the hospital needed to expand to provide our community the care it needed. It was an incredible experience to be a part of.

There really is no particularly unique reason as to why I have been giving to Headwaters for so long, I just give to help make things better – and that's what Headwaters does. It gives me peace of mind to know there is a hospital I can count on that provides great care, and we all need to give what we can since the government does not provide funds for hospital equipment. You might say 31 years seems like a long time, but I am proud to keep giving to my local hospital knowing that they will be here when I need them.

I encourage you to join me and help make our community even better!

Jim Lindsay Jim Lindsay

Heads Up to Your Health is published twice annually and twice digitally for friends and donors of Headwaters Health Care Foundation. If you have any questions/comments, please call the Foundation at 519.941.2702, ext. 2303. The Foundation is located at 100 Rolling Hills Drive, Orangeville, ON L9W 4X9. Note for residents of Mono & Mulmur: We are trying to reach more of you, so our apologies if you receive both a personalized newsletter from our office, and a "resident" newsletter as a result of our Mono & Mulmur mail drop.

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PRESENTS THE 24TH ANNUAL GALA

DENIMONDS SEPT. 08 2023

Get ready to dazzle! The 24th Annual Headwaters Gala returns to Hockley Valley Resort this Fall.

This premiere event raises critical funds for Headwaters Health Care Centre.

The Silent Auction is open to the community beginning Friday, August 25th, 2023 and contains over 70 items including dining experiences, health and wellness items, furniture and so much more.

Our Wine & Spirits Raffle is BACK! This collection contains over \$2,000 in an assortment of wine and spirits. Tickets will be available online and at the Foundation Office this May.



Headwaters Health Care Foundation believes our first responsibility is to our donors. For more information, please contact the Foundation Office at 519.941.2702, ext. 2303.

The road to Headwaters' MRI begins now!

100 Rolling Hills Drive Orangeville, Ontario L9W 4X9

